

## Body Part Balloon Bop

### Learning Objectives

- I can identify my head, arms, hands, legs and feet on my body and label them on a diagram. [K.1b]

### Teacher Notes

- Students will need a balloon or plastic grocery bag or ziplock bag filled with air.
- The teacher should pause when students are asked to share ways they use the 5 major body parts that were identified in their daily life.
- The teacher will pause the video after each balloon bop challenge so that students have plenty of time to work on the skill.

### Lesson Steps: Video Outline

[https://drive.google.com/file/d/1I\\_GIAzqsKKGn3h2URToICtoZ6SFMzu1S/view?usp=sharing](https://drive.google.com/file/d/1I_GIAzqsKKGn3h2URToICtoZ6SFMzu1S/view?usp=sharing)

#### *Step 1 Introduction*

- Teacher will begin class asking students if they are able to identify major parts of their body prior to beginning the video.
- When the video begins, the students will be introduced to 5 major body parts.

#### *Step 2 Activity*

- Students will look at a diagram with different parts of the body labeled
- Students will learn a little about each of the parts of their body and their purpose
- Students will participate in different balloon bop challenges using the different parts of their body discussed earlier in the video.
  - Use your arms and hands to keep the balloon up
  - use your legs and feet to keep the balloon up
  - Use your head to keep the balloon up
  - Around the world challenge- students are encouraged to use all different parts of their body to keep the balloon up.

#### *Step 3 Closure*

- Post Assessment- [label the human body](#) - The teacher can choose to have the class do it together or share the google slide with students (force copy) and have them use the word bank to label the diagram with the appropriate body parts covered in class.

- students will share the completed diagram with their teacher.

## Assessments

- Pre Assessment- call and respond- Ask students to identify a major body part
- Post Assessment- [label the human body](#)
  - Share the google slide( force a copy) with your students at the end of class.
  - Have students drag the words to label the parts of the body discussed in class.
  - Have students submit their work

## Extensions/Connections/Applications

- Have students come up with different daily activities they do using the parts of the body covered in class
- Balloon striking skills- increase the amount of practice time if needed to increase student success.